Help more seniors facing hunger in Northeast Tennessee

Winter can be a challenging time for seniors in our community—especially for those who have limited mobility or do not have transportation. They are already struggling to afford healthy food, then their utility bills increase.

Far too many seniors find themselves making choices that no one should have to make: do I pay for my medication, my utility bills, or do I buy food?

That’s why your generous support continues to be critical to help seniors and other neighbors facing food insecurity in Northeast Tennessee.

With your gift again today, you can ensure people in our community have nutritious food to put on their tables. You can help bring food directly to seniors in need through our Senior Home Delivery or Senior Grocery programs or help children through our Food for Kids Backpack program, and so much more.

The need in Northeast Tennessee continues to be high due to the long-term impact of the pandemic, so please help ensure we can continue to provide nutritious food to any neighbor who is need this winter and beyond.

Remember, $1 helps provide 4 meals. Please take a moment to return the reply form below with your generous gift today to help local seniors, children, and families in our community. You can also give online at netfoodbank.org.

Thank you for your generosity and support!

Our mission is to feed the hungry in Northeast Tennessee by securing and distributing food and engaging our community in the fight to end hunger through regional partnerships, programs and education.

Help more seniors facing hunger this winter

YES, Rhonda, I want to help seniors, children, and families in Northeast Tennessee who are food insecure.

Enclosed is my gift of:

☐ $500  ☐ $150  ☐ $50  ☐ $35  ☐ Other $ _______

☐ I would like to make this a monthly gift.

To donate online visit netfoodbank.org or call 423-279-0430.

Return this completed form with your gift to:
Second Harvest Food Bank of Northeast Tennessee
PO Box 3327 | Johnson City TN 37602-3327

Thanks to your support, more local seniors will have access to the nutritious food they need to stay healthy.

Affordable nutrition and a lack of access to food are challenges seniors in our community face every day. Many seniors also have transportation issues, especially in rural areas where no public transportation is available. And often, they don’t have a family network to support them.

Thanks to you, Second Harvest Food Bank of Northeast Tennessee can create programs that help meet their specific needs, like Senior Grocery and Senior Home Delivery, which started over this past summer. Read stories of seniors you’ve helped on page 2.

Connect to the work you support!

Three Pillars of a Food Bank

Second Harvest’s contributions come from three main sources:

DONATIONS
Every $1 you give helps provide food for 4 nutritious meals for a neighbor in need.

VOLUNTEERS
Our volunteers help sort, pack and distribute food, which helps minimize our costs and get more food to families facing hunger.

FOOD
Most of the 1 million pounds of food we distribute every month is donated from farms, manufacturers, grocery stores and food drives.

Call 423-279-0430 to take a tour of the Food Bank, to learn more about how it works or to find out how you can get more involved!

Helping feed seniors in need—wherever they live

Connect to the work you support!
A Message from our Executive Director

Dear Friends,

As we look ahead to 2022, I first want to look back and say how grateful I am for you. The generous support of our donors has made a transformational impact over the last year. It came at such a crucial time, while people have continued to struggle due to the long-term economic impact of COVID-19.

With 2022 just beginning, I am excited and inspired by some new programs moving forward that will continue to advance our work in closing the meal gap in Northeast Tennessee, such as our new Mobile Market sponsored by Food Lion. This program kicked off in late 2021 and will help reach communities that have limited or no access to nutritious food.

One group we are focused on helping is our seniors. Many seniors have reached a place in their lives where their health won’t allow them to work any longer, and all they have is Social Security to live on. The big thing we hear so often at the Food Bank is that seniors have to make choices between medicine, paying their utility bills, or just buying food.

Thanks to your generosity, the new Senior Home Delivery and our Senior Grocery Program helps ensure seniors have enough nutritious food on their tables, and that transportation or their location is not a barrier to receiving the food they need.

At Second Harvest Food Bank of Northeast Tennessee, we are hopeful that we’ll continue on the path back to normalcy, but we also believe food insecurity rates will stay where they are for some time. We are so grateful to our donors who remain committed to supporting this vital work in our community.

Thank you for making it possible for us to meet the needs of those who are food insecure. We are grateful for your generosity, partnership, and support.

Gratefully,

Rhonda P. Chafin

Thank you for helping seniors like John and Linda

John was living on a fixed income that helped him cover his bills and live independently without any help—until a major injury changed everything.

About two years ago, he hurt his hip while completing physical rehabilitation. John had to live at an inpatient facility for a year. He has no family to help, and all of his savings were now gone.

After recovering from the injury, John moved into a low-income apartment. “Thanks to your generosity, the Senior Grocery Program distributes food directly to his apartment complex once a month.”

“This food helps me get through the month and gives me items to eat that I normally can’t afford.” —JOHN

Helping seniors living in rural communities

Linda is 79 years old, takes care of her terminally ill daughter—and receives just $10 a month in food stamps. Getting by for them is incredibly difficult.

Linda and her daughter live in a rural area in a trailer and do not have any transportation, except when they can schedule a ride with a rural transportation service that requires three to four-day notice to make an appointment. For Linda, getting food felt impossible.

Thanks to your generosity, our new Senior Home Delivery program could step in to provide Linda’s family with water and other drinks, in addition to the groceries we distributed throughout his neighborhood.

In past summers, our school bus program provided children with a single meal each day. But last summer,

We are deeply grateful to supporters like you who give so generously to help our neighbors. To learn more about our programs to help children facing hunger, please visit netfoodbank.org.

Program Spotlight

Summer feeding program helps Justin and his family

It’s heartbreaking when any child goes hungry, especially a child as happy and outgoing as Justin, who’s in fifth grade. His dad is unemployed, looking for work, while he rarely sees his mother, because she works overtime to help the family make ends meet. Yet even then, Justin’s family has struggled. They have no running water in their home and often don’t have enough food.

Thanks to your generosity, Second Harvest Food Bank’s summer feeding program could step in to provide Justin’s family with water and other drinks, in addition to the groceries we distributed throughout his neighborhood.

In past summers, our school bus program provided children with a single meal each day. But last summer,

Your support helps make it possible to provide programs like our Summer Feeding Program to ensure children and families can have food on their tables.

because of the pandemic, we started to distribute entire bags of groceries to families in need to relieve fear and pressure that many families felt to put enough food on the table.

Thank you for giving kids like Justin the chance to thrive during the school year and all summer long!

We are deeply grateful to supporters like you who give so generously to help our neighbors. To learn more about our programs to help children facing hunger, please visit netfoodbank.org.

Volunteer Spotlight

Answering the call to help her neighbors

Joyce recalls the winter day she received a call for help from a desperate young mother. The mother shared that her elementary-aged son was only eating half of his school lunch so he could bring the other half back home to his 4-year-old sister. He wanted to make sure she could have something to eat for the day.

That call nearly broke Joyce’s heart—yet it’s calls like that which have compelled her to continue volunteering for Second Harvest Food Bank since 2010.

“Being able to help people find food, which is so essential in life, is a good place for me to volunteer,” she says.

For years she helped sort and distribute food and now serves as a volunteer receptionist two days a week. Joyce loves connecting people in need to agency partners who can provide food and other kinds of support.

“They need help, and I can help them!” she says.

Second Harvest is grateful to Joyce and all of our amazing volunteers. If you’re interested in volunteering, please visit netfoodbank.org/volunteer. Thank you!
Dear Friends,

As we look ahead to 2022, I first want to look back and say how grateful I am for you. The generous support of our donors has made a transformational impact over the last year. It came at such a crucial time, while people have continued to struggle due to the long-term economic impact of COVID-19.

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One group we are focused on helping is our seniors. Many seniors have reached a place in their lives where their health won’t allow them to work any longer, and all they have is Social Security to live on. The big thing we hear so often at the Food Bank is that seniors have to make choices between medicine, paying their utility bills, or just buying food. Thanks to your generosity, the new Senior Home Delivery and our Senior Grocery Program helps ensure seniors have enough nutritious food on their tables, and that they are for some time. We are so grateful to those who remain committed to supporting this vital work in our community.

Thank you for making it possible for us to help families like Linda and John.

Linda is 79 years old, takes care of her terminally ill daughter— and receives just $10 a month in food stamps. Getting by for them is incredibly difficult. The generous support of our donors has made a transformational impact over the last year. It came at such a crucial time,

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“Tis food helps me get through the month and gives me items to eat that I normally can’t afford.” —JOHN

Families like Linda’s who live in rural areas, lack access to nutritious food.

Deliveries program can bring food right to their doorstep, so Linda and her daughter have one less thing to worry about. She was brought to tears when Second Harvest made the first delivery to her home.

“I would not have enough food for myself and my daughter if it weren’t for this program,” Linda says. “We are so grateful.”

Every $1 you give helps provide 4 meals to neighbors facing hunger like John and Linda. Give online at netfoodbank.org. Thank you for your generosity!

Thank you for helping seniors like John and Linda

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Thanks to your generosity, Second Harvest Food Bank’s summer feeding program could step in to provide Justin’s family with water and other drinks, in addition to the groceries we distributed throughout his neighborhood. We also connected his family to additional resources to help them through this challenging time.

In past summers, our school bus program provided children with a single meal each day. But last summer,

We are deeply grateful to supporters like you who give so generously to help our neighbors.

“Being able to help people find food, which is so essential in life, is a good place for me to volunteer,” she says.

Your support helps make it possible to provide programs like our Summer Feeding Program to ensure children and families can have food on their tables.

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Help more seniors facing hunger in Northeast Tennessee

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Far too many seniors find themselves making choices that no one should have to make: do I pay for my medication, my utility bills, or do I buy food?

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The need in Northeast Tennessee continues to be high due to the long-term impact of the pandemic, so please help ensure we can continue to provide nutritious food to any neighbor who is need this winter and beyond.

Remember, $1 helps provide 4 meals. Please take a moment to return the reply form below with your generous gift today to help local seniors, children, and families in our community. You can also give online at netfoodbank.org.

Thank you for your generosity and support!

Our mission is to feed the hungry in Northeast Tennessee by securing and distributing food and engaging our community in the fight to end hunger through regional partnerships, programs and education.

My gift to help neighbors facing hunger this winter

YES, Rhonda, I want to help seniors, children, and families in Northeast Tennessee who are food insecure.

Enclosed is my gift of:

☐ $100 ☐ $50 ☐ $25 ☐ $10 ☐ Other $ ________

I would like to make this a monthly gift.

NAME 
ADDRESS 
CITYез STATE ZIP 
PHONE NUMBER 
EMAIL 
CARD NUMBER EXP. DATE 
NAME ON ACCOUNT SECURITY #

To donate online visit netfoodbank.org or call 423-279-0430.

Your donation is tax deductible as permitted by law. We will send a receipt for your records.

Thanks to you, Second Harvest Food Bank of Northeast Tennessee can create programs that help meet their specific needs, like Senior Grocery and Senior Home Delivery, which started over this past summer.

Read stories of seniors you’ve helped on page 2.

Affordable nutrition and a lack of access to food are challenges seniors in our community face every day. Many seniors also have transportation issues, especially in rural areas where no public transportation is available. And often, they don’t have a family network to support them.

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HELPING FEED SENIORS IN NEED—WHEREVER THEY LIVE

Three Pillars of a Food Bank

Second Harvest’s contributions come from three main sources:

**DONATIONS**

Every $1 you give helps provide food for 4 nutritious meals for a neighbor in need.

**VOLUNTEERS**

Our volunteers help sort, pack and distribute food, which helps minimize our costs and get more food to families facing hunger.

**FOOD**

Most of the 1 million pounds of food we distribute every month is donated from farms, manufacturers, grocery stores and food drives.

Call 423-279-0430 to take a tour of the Food Bank, to learn more about how it works or to find out how you can get more involved!

*Helping feed seniors in need—wherever they live*

*Thanks to your support, more local seniors and their families have access to the nutritious food they need to stay healthy.***

*Serving Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Washington and Unicoi Counties*

*Connect to the work you support!*

*netfoodbank.org*

*Serving Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Washington and Unicoi Counties*

Connect to the work you support!
Second Harvest Direct Service Programs distribute food directly to over 18,500 individuals per month.

- 3,101 people served each month through SHFBNT’s 36 Mobile Food Pantries in communities with low food access.
- 436 seniors served each month through 19 SHFBNT Senior Grocery Mobile Distributions in communities where seniors congregate. SHFBNT added a home delivery program that served about 30 seniors per month who could not get to a food pantry.
- 662 people served each month by 12 SHFBNT monthly distributions of produce.
- 200 veterans, active military, and families served monthly by 6 Veterans Serving Volunteers Mobile Distributions at vets organizations.
- 8,711 children and family members served by Food for Kids Program
- 5,674 children and family members served by Summer Feeding Program

For additional information on all of the Food Bank’s programs and services, please visit netfoodbank.org

MISSION STATEMENT: Our mission is to feed the hungry in Northeast Tennessee by securing and distributing food and engaging our community in solving hunger through regional partnerships, programs and education.

Second Harvest Food Bank of Northeast Tennessee has led the effort to end hunger in the eight-county region of Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties since 1986. The Food Bank is an affiliate of the Feeding America Network of Food Banks. Second Harvest has a 4-star Charity Navigator rating.
## Statement of Activities

### Year Ended June 30, 2021

### REVENUES

<table>
<thead>
<tr>
<th>Without Donor Restrictions</th>
<th>Without Donor Restrictions - Board Designated</th>
<th>With Donor Restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash contributions</td>
<td>5,437,517</td>
<td>$ -</td>
<td>2,545,103</td>
</tr>
<tr>
<td>Food and nonfood items donated</td>
<td>10,700,819</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>USDA commodities</td>
<td>12,578,942</td>
<td>-</td>
<td>-</td>
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<tr>
<td>Program service fees</td>
<td>285,327</td>
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<td>-</td>
</tr>
<tr>
<td>Federal and state grants</td>
<td>3,070,933</td>
<td>-</td>
<td>125,000</td>
</tr>
<tr>
<td>Special events</td>
<td>440,475</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Rental income</td>
<td>108,418</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Investment income</td>
<td>22,007</td>
<td>102,991</td>
<td>-</td>
</tr>
<tr>
<td>Other in-kind donations</td>
<td>15,055</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Other Income</td>
<td>9,463</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>2,091,082</td>
<td>-</td>
<td>(2,091,082)</td>
</tr>
<tr>
<td><strong>TOTAL REVENUES</strong></td>
<td>34,760,038</td>
<td>102,991</td>
<td>579,021</td>
</tr>
</tbody>
</table>

### EXPENSES

| Program services food distribution | 28,121,040 | - | - | 28,121,040 |
| Management and general            | 591,786 | - | - | 591,786 |
| Fundraising                        | 262,967 | - | - | 262,967 |
| Payments to affiliates             | 6,268 | - | - | 6,268 |
| **TOTAL EXPENSES**                 | 28,982,061 | - | - | 28,982,061 |

### Change in net assets

| Change in net assets | 5,777,977         | 102,991 | 579,021 | 6,459,989 |
| Balance, beginning   | 7,128,402         | 445,036 | 927,166 | 8,500,604 |
| Balance, ending      | $12,906,379       | $548,027 | $1,506,187 | $14,960,593 |

### Board of Directors, July 2021 - June 2022

- **Ray Feagins, Jr.** '23 President
  Leadership and Talent Connection
- **Matt Storey** '22 Vice-President
  Eastman Market Development Representative
- **Cathy Crumley Byers** '22 Secretary
  Eastman Credit Union
- **Chris Chandley** '22 Treasurer
  Citibank NA
- **Will Kelly** '22 Past President
- **Rhonda P. Chafin** Executive Director
- **Lottie Ryans** '23 First Tennessee Development District
- **M. Valentina Escobar-Gonzalez** '22
  Beyond Engagement-Social Media Solutions
- **Marcy E. Walker** '23
  Hunter Smith and Davis
- **Marty Underwood** '23
  PepsiCo North America Nutrition
- **Rick VanHoever** '23
  Citibank NA
- **Dr. Steve Barnett** '21
  Johnson City Schools
- **Debbie Caso** '23
  Cumulus Radio Station Group | Tri-Cities
- **Betty Weemes** '22
- **Rick VanHoever** '23
  Citibank NA

### Board of Directors, July 2021 - June 2022

Note: Listing does not include individual donors.
**Statement of Activities**

**Year Ended June 30, 2021**

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*The Notes to Financial Statements are an integral part of this statement.*

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Todd Norris '22 Ballard Health
Debbie Caso '23 Cumulus Radio Station Group | Tri-Cities
Wayne G. Basler Charitable Foundation

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<tr>
<th>Thank you to our Corporate Partners</th>
<th>(from September 2020 to September 2021)</th>
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<tr>
<td><strong>Priceless Plate Partner</strong></td>
<td><strong>Gold Plate Partner $10,000-$24,999</strong></td>
</tr>
<tr>
<td><strong>Double Platinum Plate Partner $250,000+</strong></td>
<td><strong>AT&amp;T</strong> Charles E. and Mary Elizabeth Scripps Foundation</td>
</tr>
<tr>
<td><strong>Platinum Plate Partner $100,000-$249,999</strong></td>
<td><strong>First Presbyterian Church Kingsport</strong></td>
</tr>
<tr>
<td><strong>Diamond Plate Partner $50,000-$99,999</strong></td>
<td><strong>Wayne G. Basler Charitable Foundation</strong></td>
</tr>
<tr>
<td><strong>Emerald Plate Partner $25,000-$49,999</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Silver Plate Partner $5,000-$9,999</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Bronze partners continued on back page</strong></td>
<td></td>
</tr>
</tbody>
</table>

*Note: Listing does not include individual donors.*

| **Silver Plate Partner $5,000-$9,999** |
| Appalachian Power Company (AEP) |
| Bank of Tennessee |
| ConAgra Foods, Inc. |
| CSX Transportation |
| CVS Health |
| Darden Restaurants |
| East Tennessee Foundation |
| Fidelity Charitable |
| First Bank & Trust Company |
| First Horizon Foundation |
| Friendship Enterprises |
| Houchens Industries |
| Jersey Mike’s |
| Mary G.K. Fox Foundation |
| Massengill-DeFriece Foundation |
| Olde Jonesborough Body Shop |
| Rotary District 6780 |
| Rotary District 7570 |
| Speedway Children’s Charities |
| TVA Retirees’ Association |
| Woodmen of America |
**CARTER COUNTY**
2,034,178 annual meals provided
8,380 average individuals served/month:
- 15 partner agencies served 6,962/month
- 6 Mobile Food Pantries served 595/month
- 3 Senior Grocery Mobile Pantries served 53/month
- 2 Produce Mobile Pantries served 91/month
- Food for Kids Program served 679 children and family members

**GREENE COUNTY**
1,846,584 annual meals provided
4,334 average individuals served/month:
- 13 partner agencies served 1,449/month
- 6 Mobile Food Pantries served 595/month
- 3 Senior Grocery Mobile Pantries served 39/month
- 3 Produce Mobile Pantries served 214/month
- Food for Kids Program served 2,077 children and family members

**HANCOCK COUNTY**
417,192 annual meals provided
1,024 average individuals served/month:
- 2 partner agencies served 815/month
- 1 Mobile Food Pantry served 53/month
- Food for Kids Program served 156 per month

**HAWKINS COUNTY**
1,049,008 annual meals provided
2,088 average individuals served/month:
- 4 partner agencies served 1,343/month
- 5 Mobile Food Pantries served 303/month
- 2 Senior Grocery Mobile Pantries served 42/month
- Food for Kids Program served 980 children and family members per month

**JOHNSON COUNTY**
905,765 annual meals provided
3,536 average individuals served/month:
- 5 partner agencies served 2,165/month
- 2 Mobile Food Pantries served 366/month
- 1 Senior Grocery Mobile Pantry served 5/month
- Food for Kids Program served 1,000/month

**SULLIVAN COUNTY**
4,124,470 annual meals provided
10,794 average individuals served/month:
- 47 partner agencies served 8,351/month
- 5 Mobile Food Pantries served 425/month
- 6 Senior Grocery Mobile Pantries served 200/month
- 2 Produce pantries served 136/month
- Food for Kids Program served 1,682 per month

**UNICOI COUNTY**
593,157 annual meals provided
1,208 average individuals served/month:
- 2 partner agencies served 651/month
- 5 Mobile Food Pantries served 232/month
- Food for Kids Program served 325/month

**WASHINGTON COUNTY**
2,382,880 annual meals provided
8,086 average individuals served/month:
- 31 partner agencies served 5,073/month
- 11 Mobile Food Pantries served 853/month
- 3 Senior Grocery Programs served 67/month
- 5 Produce pantries served 231/month
- Food for Kids Program served 1,872/month

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**Second Harvest Food Bank of Northeast Tennessee**

**2021 Annual Report**

Covering July 1, 2020 through June 30, 2021

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**Total people served by county and method of distribution**

**CARTER COUNTY**
- 8,380 average individuals served/month

**GREENE COUNTY**
- 4,334 average individuals served/month

**HANCOCK COUNTY**
- 1,024 average individuals served/month

**HAWKINS COUNTY**
- 2,088 average individuals served/month

**JOHNSON COUNTY**
- 3,536 average individuals served/month

**SULLIVAN COUNTY**
- 10,794 average individuals served/month

**UNICOI COUNTY**
- 1,208 average individuals served/month

**WASHINGTON COUNTY**
- 8,086 average individuals served/month

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**Second Harvest Direct Service Programs**

- 26,829 people served per month through 119 partner agencies
- 3,101 people served each month through SHFBNT’s 36 Mobile Food Pantries in communities with low food access.
- 436 seniors served each month through 19 SHFBNT Senior Grocery Mobile Distributions in communities where seniors congregate. SHFBNT added a home delivery program that served about 30 seniors per month who cannot get to a food pantry.

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**Second Harvest Food Bank of Northeast Tennessee**

For additional information on all of the Food Bank’s programs and services, please visit netfoodbank.org

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**Second Harvest Food Bank of Northeast Tennessee**

Second Harvest Food Bank of Northeast Tennessee has led the effort to end hunger in the eight-county region of Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties since 1986. The Food Bank is an affiliate of the Feeding America Network of Food Banks. Second Harvest has a 4-star Charity Navigator rating.

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**MISSION STATEMENT**

Our mission is to feed the hungry in Northeast Tennessee by securing and distributing food and engaging our community in solving hunger through regional partnerships, programs and education.

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**As many as 50,000 people served each month**

- 13,853,493 meals provided
- 16,623,789 pounds of food distributed (a 36.30% increase over FY20)

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**For additional information on all of the Food Bank’s programs and services, please visit netfoodbank.org**