

# SHARING THE HARVEST



*Serving Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Washington, and Unicoi Counties*

## Second Harvest and Agency Partners Help Multi-Generational Families Make Ends Meet

Second Harvest works with 119 agency partners throughout its eight-county service region. Agency partners comprising of food pantries, soup kitchens, after-school programs, senior centers, and more help lower grocery bills by providing food that frees up money to pay other monthly expenses. We are thankful for these partners as we all strive to help neighbors in need like Merinda and Cindy.



### Merinda's Story

Merinda is in her 60s and lives with her husband, their adult son, and their 11-year-old grandson. Their son, who is disabled, and his then six-month-old child came to live with them over ten years ago after a divorce left him a single dad. Merinda has been helping to raise her grandson ever since. She and her husband are also disabled due to severe back injuries from many years working manual labor jobs, which prevented them from continuing that type of work. They started receiving disability income in their 40s. "We do the best we can," said Merinda. "We only get so much SNAP allotted for each person each month. The food I get from this (local food) pantry provides about 1/3 of our food. We supplement what we get here by purchasing meat and other food with our SNAP benefits."

### Cindy's Story

Cindy was in her 60s when serious health issues

hit her. She had worked diligently until then. When she lost her earned income, she moved in with her daughter, a single mother. Complicating their situation, Cindy's daughter is unable to work right now because her three-and-a-half-year-old son has a serious speech disorder. She is working with doctors and social workers to find options to improve his life. For now, the child is on TennCare and Cindy's daughter receives SNAP, but they still have trouble paying monthly bills. "I come to this pantry to get food that helps us through the month. We have nothing when the money runs out. I don't know what we'd do without this food pantry," said Cindy. "I am hopeful my young grandson can get help and will start school soon, enabling my daughter to find a job."

**For more information about how to support Second Harvest and its agency partners, please visit [www.netfoodbank.org](http://www.netfoodbank.org).**

## A Message From Our Executive Director

Dear Friends,

Today, Second Harvest is serving more neighbors than ever before, providing them with nutritious produce and other healthy staples that ensure their families don't go hungry. I'm grateful to be a part of a team that is changing lives every day, and honored by your trust and support, which makes everything we do possible.

Winter is a very tough time of year for our neighbors in need. Utility bills are up, the price of food remains historically high, and many seniors and families have told us they are skipping meals to ensure the bills get paid. Every day, hundreds of them turn to the Food Bank for nutritious produce and other healthy staples.

Of particular concern is the sharp rise in the number of intergenerational families in our community — typically, grandparents raising their grandchildren — that are in especially difficult circumstances. The adults are often on fixed incomes that barely cover the basics, but the kids have big appetites. That's why we're rolling out more senior resources to meet this urgent need.

Just recently, I was at one of our food distributions when I met one of these seniors — a grandmother raising four boys under the age of seven. I could see the stress in her eyes, and I asked if she needed more food. She answered, "The boys are always hungry," a sentiment just about every parent will understand.

Thanks to you, she got the food she needed — and with your help, we'll continue to provide the resources she and the boys need. Thank you so much for giving our neighbors like this grandma, her boys, and so many others not just food, but hope and the help they need to carry on.



Gratefully,

A handwritten signature in black ink, appearing to read 'Rhonda P. Chafin'.

Rhonda P. Chafin  
Executive Director

## Second Harvest Raises Over \$101,600 to Help End Hunger

### Golf Classic

June 13, 2022 was a hot but beautiful day on the Blackthorn Club greens when the 29<sup>th</sup> annual Golf Classic raised over \$33,000 to help neighbors in need. We thank the 128 Players, 32 Sponsors, Volunteers, and Blackthorn staff who helped make it a success. Special thanks to Event Sponsor AO Smith Water Products; Hole-in-One Sponsors Food City, Gray Pharmacy, and Morris Financial; Lunch Sponsor Phil's Dream Pit Barbeque; and Media Sponsor WJHL Channel 11.



### Save the Date

The June 5, 2023 Golf Classic at Blackthorn Club. For sponsor and player information contact [specialevents@netfoodbank.org](mailto:specialevents@netfoodbank.org).

### The Farmer & The Chef

After a two-year hiatus due to the COVID-19 pandemic, Second Harvest's The Farmer & The Chef once again returned to Blackthorn on Sunday, September 18. Over \$68,600 was raised with the help of 270 Attendees, 22 Sponsors, 14 Farmers/Food Donors, 11 Chefs, and 11 Live Auction Donors. The Farmers and Chefs collaborated to provide locally grown, creative, and delicious food in a beautiful setting. Special thanks to Event Sponsor Prendergast; Farm to Table Sponsors Beacon Financial Credit Union, Summers-Taylor, Inc., and Consumer Credit Union; Wine Sponsors One Stop Wine and Entertainment Lonesome Pine Bluegrass Band; Media Sponsor WJHL with Emcees Amy Lynn, Chris McIntosh, and Auctioneer Josh Smith. We also express heartfelt appreciation to The Farmer & The Chef Planning Committee Marcy Walker-Chair, Jenny Carter, Anne Darden, Lori Rae DeVoti, Kristy Haynes, Rhiannon Hunter, Rachel Ingram, Janet Mitchell, Lynn Rhea, Shelby Richardson, and Kim Schneider.



**The 2023 Farmer & The Chef will return this fall.**  
**For more information contact**  
**[specialevents@netfoodbank.org](mailto:specialevents@netfoodbank.org)**

# Volunteer Spotlight

Judy Roberts and her husband signed up to volunteer at Second Harvest just as COVID-19 became a pandemic. They patiently waited before the food bank could again welcome helpers. Judy now tries to help out two to four days a week, believing it's important to support the community and the people in our area. Judy shared, "Second Harvest does a tremendous job of providing nutritious food and supporting the local people. Food bank dollars can be stretched so far to help, and it's a pleasure to volunteer here." Judy enjoys working alongside other volunteers from filling the food line to breaking down cardboard boxes. She and other volunteers work behind the scenes with a smile.

**For more information about volunteering at Second Harvest visit [www.netfoodbank.org](http://www.netfoodbank.org) or call Rene Gallardo, Volunteer Coordinator at 423-279-0430.**



## Community Collaborations Provide Food and Hope



**Ballad Health Senior Leadership  
Volunteered at Second Harvest**

### Connecting Clients

In addition to food, other services are often needed to help stabilize lives. Second Harvest is a proud partner in the STRONG Accountable Care Community (ACC) which utilizes Unite Us, an award-winning national movement that builds coordinated care networks. Unite Us technology supports STRONG ACC and NO WRONG DOOR referral services. Unite Us was founded by two veterans who had experienced firsthand the effects of a fragmented care delivery system. Ballad Health sponsors STRONG ACC, which works with Unite Us to implement Ballad's NO WRONG DOOR referral service. STRONG ACC and Unite Us connect over 300 community partners in Northeast Tennessee and Southwest Virginia to refer services that improve health and quality of life. As a STRONG ACC partner, Second Harvest has:

- Connected over 175 households with needed services like utility bills and housing assistance
- Tracked the outcomes of all referrals and services made to these neighbors in need
- Improved quality of life for those receiving referrals

**For more information, visit [www.strongacc.org/no-wrong-door](http://www.strongacc.org/no-wrong-door).**



**Second Harvest staff at a farmers market  
simulation for Head Start children.**

### Teaching Healthy Eating

Second Harvest is partnering with Head Start in a pilot program to bring nutritious foods to Pre-K children and families for improved nutrition and vital cognitive development. Food Bank staff are setting up farmers market simulations, teaching healthy eating habits, and offering parents produce distributions. Heidi Davis, Children's Program Coordinator, noted, "It was fun to observe how excited the kids were about produce. They wanted to try new things, like broccoli, purple carrots, and winter squashes." Each child took home pounds of various produce and recipes.

Second Harvest is grateful to Ballad Health and Upper East Tennessee Human Development Agency for investing in this pilot to help reach younger children.

**For more information on supporting Second Harvest's Children's Programs, visit [www.netfoodbank.org](http://www.netfoodbank.org).**

# Second Harvest Food Bank of Northeast Tennessee

2022 Annual Report  
July 1, 2021 - June 30, 2022



*Serving Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Washington and Unicoi Counties*



**11,141,103**  
meals provided



**31,509**  
people received  
food monthly  
through 119 partner  
agencies covering  
all eight counties in  
the region

**13,369,324**  
pounds of food distributed



Average of  
**45,000**  
people served  
each month



**13,491** people  
received food monthly  
through **Second Harvest  
Direct Service Programs**



For additional  
information on  
all of the Food  
Bank's programs  
and services,  
please visit  
[netfoodbank.org](http://netfoodbank.org).

## Mission Statement

Our mission is to feed the hungry in Northeast Tennessee by securing and distributing food and engaging our community in the fight to end hunger through regional partnerships, programs, and education.

Second Harvest Food Bank of Northeast Tennessee has led the effort to end hunger in the eight-county region of Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties since 1986. The Food Bank is an affiliate of the Feeding America Network of Food Banks.

Second Harvest has a 4-star Charity Navigator rating.



## Second Harvest Food Bank of Northeast Tennessee Direct Service Food Distribution

- **3,047 people** served monthly by **44 SHFBNT Mobile Food Pantries** (includes pantries at veterans organizations) that distribute food in locations with few traditional charitable food assistance sites. **1,009,905 meals provided.**
- **414 seniors** served monthly by **19 SHFBNT Senior Grocery Mobile Distributions** delivering food to senior housing communities and where seniors congregate. **164,858 meals provided.**
- **516 people** served monthly by **13 SHFBNT Mobile Produce Distributions** distributing fresh, nutritious produce where needed. **228,025 meals provided.**
- **4,218 children** served monthly by **Food for Kids Program** providing take-home food for chronically hungry children. **593,162 meals provided.**
- **5,344 children and family members** served by **Summer Feeding Program** providing lunches and some breakfasts when school is out for the summer. Sites are where children congregate. **Over 123,000 meals provided.**

# Statement of Activities

Year Ended June 30, 2022

<b>Revenues</b>	Without Donor Restrictions	Without Donor Restrictions Board Designated	With Donor Restrictions	Total
Cash Contributions	\$ 2,359,549	\$ -	\$ 978,867	\$ 3,338,416
Food and Nonfood Items Donated	14,917,594	-	-	14,917,594
USDA Commodities	3,711,107	-	-	3,711,107
Program Service Fees	547,188	-	-	547,188
Federal and State Grants	468,676	-	100,000	568,676
Special Events	408,502	-	-	408,502
Rental Income	57,863	-	-	57,863
Investment Income (Loss)	4,860	(64,207)	-	(59,347)
Other In-Kind Donations	293,161	-	-	293,161
Other Income	1,891	-	-	1,891
Net Assets Released From Restriction	1,362,886	-	(1,362,886)	-
<b>Total Revenues</b>	<b>24,133,277</b>	<b>(64,207)</b>	<b>(284,019)</b>	<b>23,785,051</b>
<b>Expenses</b>				
Program Services Food Distribution	\$ 24,690,148	-	-	\$ 24,690,148
Management and General	496,176	-	-	496,176
Fundraising	585,416	-	-	585,416
Payments to Affiliates	28,267	-	-	28,267
<b>Total Expenses</b>	<b>25,800,007</b>	<b>-</b>	<b>-</b>	<b>25,800,007</b>
Change in Net Assets	(1,666,730)	(64,207)	(284,019)	(2,014,956)
Balance, Beginning as Previously Reported	\$ 12,906,379	\$ 548,027	\$ 1,506,187	\$ 14,960,593
Prior Period Restatement (Note 16)	927,166	-	(927,166)	-
Balance, Beginning as Restated	13,833,545	548,027	579,021	14,960,593
<b>Total Expenses</b>	<b>\$ 12,166,815</b>	<b>\$ 483,820</b>	<b>\$ 295,002</b>	<b>\$ 12,945,637</b>

The Notes to Financial Statements are an integral part of this statement.

## Board of Directors, July 2022 - June 2023

### Ray Feagins, Jr. '23

President  
Leadership and Talent  
Connection

### Matt Storey '25

Vice-President/Treasurer  
Eastman

### Cathy Crumley Byers '25

Secretary  
Eastman Credit Union

### Rhonda P. Chafin

Executive Director

### Dr. Steve Barnett '24

Johnson City Schools

### Debbie Caso '23

Mike Danehy '25  
Crown Laboratories

### Margaret Moses '25

Margaret M. Moses CPA PC

### Todd Norris '25

Ballad Health

### Lottie Ryans '23

First Tennessee  
Development District

### Marty Underwood '23

PepsiCo North America  
Nutrition

### Rick VanHoever '23

Citibank NA

### Marcy E. Walker '23

Hunter Smith and Davis

### Betty Weemes '25

# Thank you to our Partners

(from July 2021 to June 2022)

## Priceless Plate Partner



## Platinum Plate Partner \$100,000-\$249,999



## Diamond Plate Partner \$50,000-\$99,999



## Emerald Plate Partner \$25,000-\$49,999



GREENE COUNTY



Wayne G. Basler Charitable Foundation

**Note:** Listing does not include individual donors.

## Gold Plate Partner (\$10,000 - \$24,999)

- Atmos Energy Corporation
- Carter County Trustees
- Citi
- CVS Health
- Food Lion Feeds Charitable Foundation
- Massengill-DeFriece Foundation
- Niswonger Foundation
- Norfolk Southern Foundation
- Powell Foundation
- Publix Super Markets Charities
- Share Our Strength
- The Charles E. and Mary Elizabeth Scripps Foundation
- The Fresh Market
- United Way of East TN Highlands
- Walmart Foundation

## Silver Plate Partner \$5,000-\$9,999

- American Eagle Outfitters
- Appalachian Power Company
- BAE Systems, Inc.
- Bank of Tennessee
- Bell Helicopters
- Bristol Metals
- Community Foundation of Western North Carolina
- CSX Transportation
- Enbridge Inc.
- Enterprise Holdings Foundation
- Hot Topic BoxLunch
- Jersey Mike's
- Johnson City Toyota
- Mary G. K. Fox Foundation
- Sonic

## Bronze Partners \$1,000-\$4,999

- Ballard Health
- BWX Technologies, Inc. - Nuclear Fuel Services
- Campbell's Soup Company
- Carter County Farm Bureau
- Cedar Hill C P Church Inc.
- Central Baptist Church
- Central Baptist Church William Riggell SS Class
- Chicken Salad Chick Foundation, Inc.
- City of Bristol
- City of Elizabethton
- Coffee Ridge Baptist Church
- East Tennessee Foundation
- Environmental Drain & Plumbing
- First Presbyterian Church
- Food City/K-VA-T
- Food Stores, Inc.
- Grace Temple Church
- Highland Baptist Church
- Home Shopping Network
- Host Engineering, Inc.
- International Paper
- Joel Gott Wines
- Johnson County Community Foundation
- Koyo Corporation
- Kraft Heinz
- New Song Church
- Otterbein United Methodist Church
- Pampered Chef
- Prendergast Construction Co., Inc.
- Preston Hills Presbyterian Church
- Siemen's Industry, Inc.
- Southside Christian Church
- Town of Mosheim
- Town of Unicoi
- Unicoi County
- Unilever
- Valley Forge Christian Church
- Vulcan Materials Company
- Walmart Distribution Center #6039
- Walmart Supercenter #1080
- Washington-Unicoi-Johnson County Medical Society
- Waverly Road Presbyterian Church
- Wesley Memorial United Methodist Church
- Wheeler United Methodist Church UMW
- Woodmen Life Chapter 1150

# Thank You

**Thank you to these companies and their customers for supporting hunger relief through the following fundraising campaigns:**

- Box Lunch
- CVS Round Up Campaign
- Enterprise
- Feeding America Campaigns That Generate Local Donations
- Food City In-store Campaigns
- Food Lion In-store Campaigns
- Ingles In-store Campaigns and Milk Drive
- Jersey Mikes Holiday Campaign
- Kroger In-store Campaigns and Great American Milk Drive
- Pampered Chef Round Up From the Heart Campaign
- Publix In-store Campaigns
- TJ Maxx Companies at-register Campaign
- Walmart and Sam's Club Fight Hunger Spark Change
- All other on-line and in-store monetary donation campaigns that generate local donations

## Total People Served by County and Method of Distribution

### Carter County

1,688,477 annual meals provided

12,222 average individuals served/month:

- 15 partner agencies served 9,677/month
- 6 Mobile Food Pantries served 514/month
- 2 Senior Grocery Mobile Pantries served 40/month
- 2 Produce Mobile Pantries served 50/month
- Food for Kids Program served 476 children/month

### Greene County

1,909,569 annual meals provided

8,317 average individuals served/month

- 13 partner agencies served 5,830/month
- 6 Mobile Food Pantries served 373/month
- 3 Senior Grocery Mobile Pantries served 68/month
- 6 Produce Mobile Pantries served 146/month
- Food for Kids Program served 824 children/month

### Hancock County

317,293 annual meals provided

1,689 average individuals served/month

- 2 partner agencies served 856/month
- 1 Mobile Food Pantry served 116/month
- Food for Kids Program served 167 children/month

### Hawkins County

877,756 annual meals provided

2,424 average individuals served/month

- 4 partner agencies served 1,553/month
- 6 Mobile Food Pantries served 333/month
- 2 Senior Grocery Mobile Pantries served 30/month
- Food for Kids Program served 308 children/month

### Johnson County

734,707 annual meals provided

3,009 average individuals served/month

- 4 partner agencies served 1,633/month
- 4 Mobile Food Pantries served 297/month
- 1 Senior Grocery Mobile Pantry served 18/month
- Food for Kids Program served 423/month

### Sullivan County

2,937,774 annual meals provided

10,473 average individuals served/month

- 49 partner agencies served 7,437/month
- 5 Mobile Food Pantries served 407/month
- 7 Senior Grocery Mobile Pantries served 173/month
- 2 Produce pantries served 135/month
- Food for Kids Program served 1,256 children/month

### Unicoi County

565,897 annual meals provided

984 average individuals served/month

- 2 partner agencies served 635/month
- 5 Mobile Food Pantries served 185/month
- Food for Kids served 90 children/month

### Washington County

2,109,630 annual meals provided

5,930 average individuals served/month

- 30 partner agencies served 3,888/month
- 11 Mobile Food Pantries served 822/month
- 3 Senior Grocery Programs served 61/month
- 6 Produce pantries served 185/month
- Food for Kids served 674 children/month

# Together Solving Hunger – *The Many Ways you Can Help*

## Monetary Donation

Make a monetary donation to the Food Bank's general fund. Your gift will be applied where most needed. Every \$1 provides four meals. Last year we distributed 11.1 million meals to hungry neighbors in need.

*For questions about donating, contact 423-279-0430 or [development@netfoodbank.org](mailto:development@netfoodbank.org)*



\$1 Donated



4 Meals

## Other Ways to Get Involved



**Sponsor a child or children in the Food for Kids Program for the school year.** A donation of \$100 provides a year's worth of nutritious food for one child to take home on weekends and holidays when school is not in session. Food for Kids helps over 4,400 children each month.



**Help sponsor a Mobile Food Distribution.** The Mobile Pantries bring food and fresh produce to more than 3,000 people in need at 76 locations: Senior Housing, Veterans organizations, and households in rural areas with little or no access to food pantries or other help.



**Sponsor our Rural Senior Home Delivery Route,** a program that reaches very low-income elders without transportation or family help. In addition to the food delivered a month, the program is a social and community lifeline for isolated seniors.



**Participate in a Food Bank Fundraiser** such as the June Golf Classic, September's Hunger Action Month, The Farmer & The Chef, as well as November's Project Thanksgiving.



**Host a food drive.** Donated food is vital to our mission. We'll provide the collection barrels and pick them up when your food drive is complete. *Contact 423-279-0430 x224 or [donatefood@netfoodbank.org](mailto:donatefood@netfoodbank.org).*



**Volunteer at Second Harvest.** Volunteers help in significant ways at the Food Bank by sorting donated food, packing for Food for Kids and the Mobile Food Pantry, and more. *Contact 423-279-0430 x214 or [volunteers@netfoodbank.org](mailto:volunteers@netfoodbank.org)*



**Invite the Food Bank to present at a group gathering.** Invite us to speak about the persistent issue of hunger and how we all can be a part of the solution. One in seven people in Northeast Tennessee is food insecure, and families with children are more likely to face hunger. *Contact 423-279-0430 x237 or [communityrelations@netfoodbank.org](mailto:communityrelations@netfoodbank.org).*



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## Second Harvest Food Bank of Northeast Tennessee

1020 Jericho Dr.  
Kingsport, TN 37663  
(423) 279-0430

[www.netfoodbank.org](http://www.netfoodbank.org)

Connect to the work you support!

